



Career Connection

Fourth Monday in January

January 23rd

6:00 – 8:00 p.m.

Host Location: Prince of Peace Catholic Church
4600 Preserve Parkway
Hoover, AL 35226
www.princeofpeace-hoover.org

Agenda: 6:00 – 6:30 Get Acquainted/Network
6:30 – 8:00 Career Program



A Common Sense, Systematic Approach to Finding Your Next Career Home

with Forrest Cook, VP Human Resources and Risk Management, NCP Solutions

Mr. Cook will share insights and perspectives about job search preparation and process. Given his extensive experience as a hiring manager, HR Executive and his broad knowledge of the Birmingham employment market, participants are sure to look at their search through a new lens. Join us for our first meeting in 2012 to help launch, dust off and/or energize your career campaign.

About our presenter ... **Forrest J. Cook Jr.** serves as Vice President of Human Resources and Risk Management for NCP Solutions, LLC, in Birmingham, AL. Prior to joining NCP in 1997, he served as Director of HR for Healthcare Realty Management, HR Director for PCA/Southeast Health Plans and worked in HR for Blue Cross-Blue Shield of Alabama. Cook attended Samford University where he completed undergraduate studies and did post-graduate work. He is a national SHRM Member, served with the Alabama SHRM State Council and is a member, past officer and past advisory board member of SHRM in Birmingham and has served as a volunteer leader with numerous non-profit organizations and has contributed to **ABC World News Tonight**, National Public Radio's **Morning Edition**, **People Management Magazine (UK)**, **The Birmingham Business Journal** and **The Birmingham News** on Human Resource topics as well as presenting at local, regional and national SHRM events.

Facilitated by Gayle Lantz www.workmatters.com and

Gerriann Fagan www.hrprism.com

Career Connections Program Founder:

Lou Thibodaux Archdeacon at the Episcopal Diocese of Alabama

Questions? info@can-b.net